Peggy Newcomb was born and raised in Chester, Virginia. She graduated from Mary Washington College of the University of Virginia (UVA) with a BS degree in Chemistry. At the time of her graduation, women were not allowed to attend UVA unless they were in the nursing program.

She taught Chemistry and Science at York High School, Yorktown, Virginia. She wrote for several newspapers and her work has appeared in various publications including *The Poet's Domain*. She was awarded first place in non-fiction by the Chesapeake Writers. She is a member of the National League of American Pen Women and the James City Poets.

A portrait artist, her paintings have been displayed in local galleries including Arts on Main in Gloucester, Virginia, The Bay School in Mathews, Virginia, The Torpedo Factory in Alexandra, Virginia and Blue Skies Gallery in Hampton, Virginia.

She lives in Gloucester, Virginia.